

## **Do you have a question?**

Do find that you do not know how to pose your question or know how to ask the question to get the most out of the answer? Here below are some of the most common questions my client's ask. Some are questions that I suggest that they ask. Before asking your questions, take into consideration all of your surroundings and all of the people that influence you.

### **People**

What do I need to know about them?

- Are they honest?
- Can I trust them?
- Will they become problematic?

What are their personal issues?

What do they expect from me?

How long will they be in my life?

Will this person help me in the future?

Will this person come back into my life?

What is the reason this person was brought into my life?

Is there anyone or anything influencing this person?

What influence does this person have over me?

### **Things**

When can I expect a change with this \_\_\_\_\_?

What do I need to do to create a change?

Should I do A or B and how will that influence me in the future?

Are there other outside influences creating blockages?

Should I trust this \_\_\_\_\_ person about this matter?

Should I seek outside assistance?

Is this for my highest good to make any changes?

Do I need legal counsel?

Are there other people involved in this matter or situation?

Will I have difficulties in the future with this situation?

Will I have a problem with this situation from the past?

Is this an obsession?

### **Business**

What should be my main focus?

Who are the main players? (Partners, investors, associates)

Is this a good time for; (Expansion, Acquisition, Bankruptcy, Exist Strategy, Partnership, Collaboration, etc.)

What are my unexpected challenges?

Will there be any unexpected expenses?

Is this the best time for resolution or completion?

Will my launch be successful?

Is this contact beneficial for my company?

Is it for my highest good to make this move now in my business?

### **Legal Counsel**

Can I trust my attorney?

Will I win my case?

When will my case be resolved?

Will I win any money from this case?

Will my case be postponed?

Will my case be thrown out of court?

Are there any unexpected things in this case?

Can I trust in my witness?

Should I keep my attorney?

Is this case to my advantage?

Are there any outside influences over this case?

### **Relationships**

Why are we together?

Is there a future with this person?

Should I throw in the towel?

What are they seeking?

What are they thinking?

Does this person love me?

Can I trust them?

Are there any outside influences?

Is there someone else in their life?

Are they willing or capable of change?

What do they want out of me?

How long will this relationship last?

What is the lesson that I am to learn about this relationship?

What are their plans for the future?

## **Self**

Am I spreading myself too thin?

Do I need to say NO more?

Am I creating my own stress?

Am I taking on other's responsibilities (Karma)?

Do I need to love myself more?

Am I creating my own health condition?

What do I need to do to increase my happiness, wealth, health?

Am I just settling for being content instead of being satisfied?

Who or what do I need to let go of?

Am I growing spiritually?

Is there something in my past that I need to resolve (Trauma, obsession, situation, anger, relationship)?

Am I being influenced and not aware of it?

Whom do I need to make peace with?

Will I lose weight or reach my goals?

What about my \_\_\_\_\_ health condition?

What can I expect from my near/long-term future?

Remember the more detailed your question, the more detailed the response.

## **Love & Light, Christi Ruiz**

Business and Spiritual Life Coach

[christiruiz722@gmail.com](mailto:christiruiz722@gmail.com)

[christisportals15@yahoo.com](mailto:christisportals15@yahoo.com)

[christiruizchristi@yahoo.com](mailto:christiruizchristi@yahoo.com)

O: 713-773-0333

C: 281-904-2658

[www.christiruiz.com](http://www.christiruiz.com)